

Amber Childs

AMFT Therapist/Healthcare Professions

Sacramento, CA 95835

childsamber85@gmail.com

+19165786052

Professional Summary

My goal is to secure a position as a Marriage and Family Therapist with a great company that allows me to support families seeking mental health treatment, and to maximize my skills and experience in the mental health field.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Behavioral Health Clinician I

Turning Point Community Programs-Sacramento, CA

August 2025 to Present

Responsible for the development and implementation of person-centered treatment plans that seek to resolve the current presenting difficulty and support the individual in stepping down to less intensive community settings as quickly as possible. Additional support in the areas of medication management, resource connection, counseling and advocacy.

Transition Care Manager/Therapist

Capital Star (Transition Age Youth) Full Service Program-Sacramento, CA

February 2025 to August 2025

As a therapist/ case manager at FSP Tay, I provide therapy and mental health support for youth experiencing homelessness and other challenges affecting their ability to live independently. I also provide therapy to families at the FIT program, and facilitate groups at Capital Stars (CRP) crisis residential program. Capital star clinicians provide a variety of mental health services, including linking clients to psychiatry, housing, and human services programs. My role is to assess the needs of clients and create treatment plans that focus on the client's personal mental health goals.

Program Supervisor

BACS (Community Wellness and Response Program)-Sacramento, CA

March 2024 to December 2024

The Program Supervisor is responsible for providing high quality and timely field response to requests for support from community members using a strengths-based and harm reduction approach. Services include de-escalation, resourcing, problem-solving, family support and transportation to other community locations.

We provide an in-field response to de-escalate and resource community members. As Alternative to 911, we work collaboratively with 988 and Sacramento County to provide urgent response for community members experiencing a mental health crisis to reduce the need for emergency services.

Therapist/ Trauma Support Specialist

LEAF-Sacramento, CA

March 2023 to March 2024

- Provided therapeutic guidance to families in the wraparound program, and the staff members who work directly with the families as needed.
- Provided weekly/bi-weekly family visits to gauge parental readiness to explore shifting parenting strategies.
- Acted as a member of the Family Care Team (FCT) and attended meetings to provide emotional processing, and trauma informed clinical consultation regarding the stress model and the affects of neurodevelopmental trauma.
- Developed care plans as well as the implementation, and coordination of services and support that meet the families' identified needs.
- Worked with youth and their families at home, in the community, at school/work setting, and/or virtually/ phone/ to pull the youth and family team together to facilitate the development of the wraparound plan.

Wraparound Facilitator

Stanford Sierra Youth & Families-Sacramento, CA

September 2022 to March 2023

- Coordinated the development of Child and Family Teams (CFTs), maximizing the involvement of natural team members and system partners.
- Guided the CFT through the plan development process using accepted High-Fidelity Wraparound technologies and techniques.
- Prepared individualized family plans and coordinated each plan's implementation, encouraging the maximum use of natural resources and community-based services.
- Operated as the case manager, representing the CFT's progress through the Wraparound process in written documentation and verbal presentations. Supports the Mission, Vision, and Values of the agency.

Certified Emergency Medical Dispatcher

American Medical Response-Sacramento, CA

October 2017 to August 2022

- Supervised and trained staff as on duty lead/ CTO as necessary.
- Received high volumes of calls from the public, law enforcement, and EMS agencies that are diverse in nature.
- Assessed and prioritized emergencies, and verbally provided direct care and Advanced Life Saving instructions to the public.
- Provided correctional personnel and skilled nursing staff with critical care instructions in a variety of mental health emergencies.
- Acted as the initial point of contact for any person who requires a mental health assessment, or an assessment of their overall health.
- Coordinated inter-facility care for patients by assessing their presenting symptoms to determine whether they require a higher level of care.

Education

Masters of Marriage and Family Therapy- In Progress

Northcentral University-San Diego, CA

December 2021 to September 2025

Business Management (Bachelor of Science)

University of Phoenix

2010

Business Administration (Associate of Science)

Heald College

2007

Master's degree

Trade school

Skills

- Patient monitoring
- Experience with individuals with eating disorders
- Medication Administration
- Trauma awareness
- Bereavement support
- Group Therapy
- Program management
- PTSD Care
- Psychotherapy
- Behavioral health
- HIV/AIDS care
- Crisis Management
- Scheduling
- Communication skills
- Mental health counseling
- Child & Family Counseling
- Microsoft Excel
- Project management
- Child protective services
- Leadership
- Critical Care Experience
- Proofreading
- Computer literacy
- Autism Experience
- Senior care
- Telehealth therapy
- Behavioral Therapy
- Time management
- Supervising Experience
- Supervising experience
- Dementia Care
- Document management
- PCI
- Case Management
- Clinical skill development

- Crisis Intervention
- Individual / Group Counseling
- Social work
- Critical care experience
- Empowerment in trauma-informed care
- Classroom experience
- Microsoft Word
- Experience with individuals with anxiety disorders
- Meeting Facilitation
- Teaching
- Childcare
- Budgeting
- Cognitive Behavioral Therapy
- Social Work
- Trauma-sensitive environment
- Conflict management
- Administrative experience
- Documentation review
- Team management
- Trauma counseling in health services social work
- Smartsheet
- Grammar Experience
- Succession planning

Certifications and Licenses

AMFT

BLS for Healthcare Providers

Advanced Emergency Medical Dispatcher

CPR/AED

December 2021 to December 2023